



PROBUS Club Of Durham West

www.durhamwestprobus.org

February 2020

PROBUS MONTHLY MEETING

Pot Luck, February 13th, 2020, 10 a.m.
Next meeting: March 13, 2020

SPEAKER

Travel with Karl Clarke

PRESIDENT'S MESSAGE

Jim Hinnecke



President's Message - February Newsletter

The Japanese have a term for it - "Young old", or "yold". It loosely refers to people between the ages of 65 and 80 who are healthier, wealthier, and more active than previous generations of seniors. This is a group that travels more, volunteers more, and is more engaged in public life and learning. Some still work, usually part time and on their own terms. Others are involved in helping younger members of their families. Whatever the case, and even if you happen to be younger than 65 or older than 80, this increased engagement in turn further contributes to happiness and good health for the older individual and has obvious benefits for society.

In our club, we have many examples of what it means to be "yold". We have social activities, we have volunteer opportunities, we have interest groups (some of which involve physical fitness!), and above all we have a membership of some 340 individuals each of whom has their own interesting story. But it's up to each member to become and stay involved.

I urge all members to take full advantage of all the opportunities that membership in our club has to offer. If you don't see something you like, why not create an interest group of your own? Or talk to a member of the board to see what you can do for the club (and vice versa). Or consult with other members to get their insights on all the ways a person can happily live a "yold" lifestyle.

Speaking of volunteerism, I, on behalf of the Board, want to acknowledge each member of the club who responded to the member interest survey. I thank everyone who put their names forward for one or another of the opportunities listed there. If you didn't get a chance to give

your feedback, it's not too late - contact Geoff or Bonnie Cutten to get a survey form or print one at home from the email sent out in January 2020.

PROBUS Canada Liability Insurance

Your annual membership fee includes a small component that our club remits as an insurance premium to Probus Canada for coverage under their general liability insurance coverage. This fee is mandatory for all clubs. Detail of the coverage will be found on the Probus Canada website at <https://www.probus.org/probus-news/insurance/standard-liability-insurance-policy.html>

General Liability Insurance is needed for liability if an accident or incident occurs at a club meeting or social event. Although such an event is extremely unlikely – in our more ten years of existence we have never had one – our club and its directors need to be protected against any legal action that would arise.

Recently it came to the Board's attention that some PROBUS clubs required guests at events to sign an insurance waiver, absolving the club from any liability in the highly unlikely event the guest has an accident. We sought Probus Canada's advice on the matter, and they responded that it's a good idea, but not mandatory.

However, to protect the club, we decided to follow the example of other clubs and introduce a waiver for any **guest (who is not a member of any Canadian PROBUS club)** attending our **social events**. This waiver must be signed by the **guest** prior to participating in the event, preferably upon signup but certainly before they board the bus and/or enter the venue where the event is taking place. Waivers are not needed for any event that is a meeting alone (such as our monthly general meeting) nor is one required if the guest is a member in good standing of another Canadian PROBUS club.

To the extent that individual interest groups have nonmembers attend their events (again other than a sit-down meeting), it is advisable that they too secure a signed waiver. Please contact a member of the Management Committee to give an activity leader a copy of the waiver, or you can contact Ann Buffett at annbuffett28@gmail.com.

Did you know? PROBUS Canada offers you the opportunity of getting travel health and trip interruption insurance through its insurance partner. To learn more or secure a quote go to <http://www.johnson.ca/probus/en/on> or call 1-866-606-3362.

As President, I am always open to questions and suggestions from members of the club. You can reach me at james.hinnecke@rogers.com



PROBUS Club of Durham West



MEMBERSHIP

Our club is now at a maximum of 340 members. See us at the membership desk to inquire about the waitlist for membership.

Remember to send us any changes to your address, telephone number or e-mail.

At our January meeting, we welcomed two new members. Roseann Blake and Susan Yeats-Cowan.

Contact Bonnie and Geoff Cutten at gcutten0809@rogers.com or call us at 905-831-7489

THIS MONTH'S SPEAKER

February's Speaker is our own Karl Clarke. As many of Durham West members know, Karl and Sandy Clarke are intrepid travelers who have visited destinations on just about every continent except the arctic and Antarctic. Karl has also organized many trips short, medium and long for members of our club and, without exception, they have all been very enjoyable, entertaining and educational. Karl will be presenting a travelogue on the highlights of Israel and Jordan by photos and narration. As he says, everybody has heard of the historical places in the holy land, but it is only when you go there that you hear the fascinating details behind the biblical stories.

SOCIAL REPORT

BLUE JAYS GAME - Saturday, April 11, 2020 @ 3:07pm

Fifty tickets have been reserved for the Saturday, April 11, 2020 game at 3:07pm between Toronto Blue Jays and Kansas City Royals. The cost is \$43.40 per person for the game only.

Sign up will take place at the February and March general meetings. Tickets will be available for pick up at the April 9th meeting. If you are unable to attend the April meeting, please arrange for someone to pick up your ticket on your behalf. Transportation is on your own and due to the timing of the game, lunch or dinner will be on your own.

Convenors: June Booth (905-686-1477) and Claire Speed (905-428-6356)

February 13th PROBUS General Meeting is a St. Valentine's Potluck lunch
At the Ajax Community Centre. Please bring a prepared dish to share.

SHEN YUN 2020—Sold out

Shen Yun is an amazing performance of the art of Classical Chinese dance, has stunning costumes, high tech backdrops and an orchestra.

Location: The Four Seasons Centre for the Performing Arts, 145 Queen Street West, Toronto, Ontario.

DATE: MARCH 25, 2020 (WEDNESDAY)

TIME: 2 P.M.

MEET: Walmart Parking Lot (NE corner of Salem & Kingston Road, Ajax)

ARRIVE: 12:15 P.M.

DEPART: 12:30 P.M. from Walmart Parking Lot.

CONVENOR: Terri Kelly, phone no. 905-427-7267 **sold out**

**Wednesday, July 22,
The Barn: 6698 County**

STAYIN' ALIVE!

**2020 at 2:00 pm
Road 30 North,**

**Campbellford
TICKET PRICES**

\$50 Adult | \$49 Adult Wing

\$48 Senior | \$47 Senior Wing

\$15 Under 30 | \$5 Youth (18 & Under)

Ask about our Group rates!

(all ticket prices include tax)

Individuals can Contact the Barn at (705) 653-5508

Musicals, Movies & Hits!

Nothing but hits from the latest musicals & movies featuring stars of the 1970s! You'll enjoy songs from the new musical *Summer*, the story of Donna Summer & from *Beautiful* by Carole King. Get carried away by *Bohemian Rhapsody* by Queen, *Rocket Man* by the famous Elton John & of course *Stayin' Alive* by the Bee Gees.

No Convenor yet. Please, Contact Pat Nie to make this trip a GO!

Nine & Dine August 26

Convenor: Juanita Hogg-Devine

**Wishing you a Happy Valentine's
Day
On February 14th**



I have decided to stick with love. Hate is too great a burden to bear.

Martin Luther King, Jr.

Groundhog
Day is
February 2nd!

Casa Loma and Allan Gardens Report

Despite the snowy winter weather, 92 Probus members brushed off their cars and braved the roads to attend this fun day excursion to Toronto.

After a delicious buffet lunch at the Mandarin restaurant on Yonge St, we bused downtown to Allan gardens to marvel at the wonderful flower displays featuring a multitude of varied poinsettias.



Then we spent an enjoyable few hours exploring the fascinating Casa Loma which was all decked out in holiday splendor. A wonderful way to get into the Christmas spirit!

Thanks to Dale Thomas for convening.



Please be aware that many people are very allergic to scents, so please **DO NOT** wear perfume or aftershave to gatherings.



Remember to bring your coffee mug.



ACTIVITES

Contact: June Booth at jdbooth52@yahoo.ca



BOOK CLUBS

Words Worth Reading Book Club

In February, the book club is reading "The Lost Girls of Paris" by Pam Jenoff. It is a fictional account of friendship and courage centered around three women and a ring of female spies who helped pave the way for D-Day.

Contact: Jean Jackson at jeanej@rogers.com or 905-420-6410.

THE NOVEL READERS

In February, the Novel Readers will discuss another book by Canadian author, Elizabeth Hay. Her Giller Prize winning book, "Late Nights On Air" will be our focus when we meet on February 5. Looking ahead to March, our club will be reading *The Girl They Left Behind* by Roxanne Veletzos. For more information, please contact Colleen Lea at 905-686-1629 or colleenlea@hotmail.com

BOARD GAMES

The Board Game group meets on the second Monday of every month. Our next meeting will be on Monday February 10th at 1:30. We have enough space to have 3 games going at the same time, so bring along your favourite! For more information contact Sue Hinnecke at 905-839-5508 or at s.hinnecke@rogers.com

BOWLING

Thursday, February 27th. at 1:30 pm.

Please join us for a FUN time!

Novices to experts are welcome!

We welcome new bowlers. This is **not** a league.

Contact Bonnie each month to sign-up.

Bowling is once a month usually on the fourth Thursday afternoon.



Location: Ajax Bowling Centre, 172 Harwood Ave. South.

Cost: \$10.00 includes 2 games and rental of shoes (\$2.00 for shoes), \$8.00 if you have your own bowling shoes. Make payment at the bowling alley.

Please contact Bonnie each month if you would like to bowl.
bcutten0809@rogers.com or 905-831-7489 for more information.



BREAKFAST CLUB

The breakfast group meets the first Tuesday of the month at 9:30 at a local restaurant. Members take turns picking their favourite restaurant. We get to try different locations while enjoying light conversations and laughs over a delicious breakfast and coffee.

The Breakfast Group Schedule:

February 4th, 2020 Angelique's Family Restaurant 31 Barr Road, Ajax Contact: Linda Robbins – richard.robbins@sympatico.ca

March 3rd, 2020 Cora's 1755 Pickering Parkway, Pickering Contact: Anne & Bruno – Abbrunatti@gmail.com

Bring your restaurants suggestions for next month.

CINEMA CLUB

The movie 'Cats' proved to be somewhat entertaining according to the three attendees, but perhaps not one to rush back to for a second viewing.

Please note that Karen Dryden will head up the Cinema Club for February. Mark your calendars for the 3rd Friday of each month to join members at Whitby Landmark Cinema.

Happy New Year!

Claire Speed mcspeed@rogers.com

Karen Dryden kdryden2852@gmail.com or call Karen at 416-580-0091 for February.

COURT WHIST at the Ajax Library Rotary Room

February 13th, 2020 Court Whist POT LUCK VALENTINES

Court Whist is at the Rotary Room in the Ajax Main Library. Price is \$5.00 cash or cheque. If you are interested in court whist, please contact Lorna Smith at (905-837-0875) or call Dale Thomas (905-723-6862).

CREATE AND CHAT

If your hobbies include knitting, crocheting, needlework, quilting, beading, colouring or something else you would like to introduce us to, and you would like to participate with a chatty group of like-minded individuals, please sign up and join us.

We meet on the third Monday of the month from 1 - 3 pm at Westney Gardens in the Arts Studio on the main floor. Westney Gardens is located at 1010 Westney Road North, Ajax (NW corner of Westney and Rossland) and provides a spacious gathering place, ample parking, as well as a cafe.

Contact: Sharon Marshall, oxford9390@gmail.com

DINNER GROUP - ORIGINAL

Contact: Bruce Green at meandchester@bell.net

GOLF

Golf....is regular golf played weekly on Tuesdays from spring to fall. The leader is Marcia Everitt at 416-724-6355 marciaeveritt@yahoo.ca

Indoor GOLF

Indoor Golf... is played twice monthly on an indoor Simulator from January to April.
We started playing on the 6th of January at 10:00am at Carruthers Creek golf course.
Anyone interested can contact me at Elizabeth.long97@yahoo.ca.

The Garden Club

The members will meet at St Paul United Church on Monday February 3rd at 2:00 pm. We will be discussing our plans for the coming gardening season.

Geoffrey Nie

NATURE LOVERS

Our next outing will be an Earth week trash pickup around the Ajax Community Centre and Ajax/Pickering Hospital on April 16th. A nature scavenger road rally is planned for June 18th. A scavenger hunt at the Toronto Zoo is planned for September 14th. A nature hike in Walker Woods is planned for October 15th.

If you like nature and want to join our group, please contact me.

Geoff Cutten gcutten0809@rogers.com

NIBBLES AT NIGHT



Family Day is February 17th, 2020.



Nibbles at Night We will meet on Friday, February 21st at the home of Jean Jackson.

For more information call Dru Carter, carterdru34@gmail.com.

Pole Walking on Monday's and Friday's

On Monday's we meet at 10:00am at Rotary Park in the parking lot in Ajax.

On Friday's we meet at 10:00am at the end of Lake Driveway and McClarnan Road in Ajax, in the parking area.

We look forward to meeting you. Eileen Nixon

Eileennixon8585@gmail.com

SNAPPED PHOTOGRAPHY CLUB

In December we went to Van der Meer Nursery to check out the lovely Christmas decorations and a variety of Christmas plants including many varieties of poinsettias. We finished off our outing with lunch at the MacKenzie Pub in Ajax. In February we will enjoy listening to Jonathan van Bilsen who is a local professional photographer.

We are an amateur photography club where all types of cameras and levels of photography are welcome. We meet on the third Wednesday of each month. If you are interested in trying photography, contact Lorna Smith at Lsmith1@bell.net.

UKELELE STRUMMERS

After a festive potluck lunch the ukulele strummers had a Christmas jam and made wonderful music!

Regular meetings on the 2 and 4 Wednesdays of the month continue in 2020.

For more information contact: Sue Porter at s.e.porter@rogers.com or Telephone 905-839-4904

Wednesday Winter Walking

Join us each Wednesday at 10 am as we walk various paths in the area. Whenever possible we try for outdoor routes. But when the weather is not co-operating, we move indoors to the Pickering Mall. We try to have washroom access at our meeting locations. Our walking routes are generally ones that the city plows and salts. We have a faster group and a slower group so you can walk at a pace that is suitable for you. When you walk with others, the time goes by fast!! We walk for approximately an hour unless the weather is not suitable. Then people sometimes choose to shorten their walk. We sometimes do Split Walks where we do two short walks back to back with a return to the start in the middle. This is perfect for people who only want a shorter walk or who are starting out and are not sure of their capabilities. There is something for everyone, so why not start the new year out right by joining our group of fun and friendly people? One email per week is sent out with the next week's meeting location.

If you would like to be on the emailing list, just send your name and email address to me at billandbernicepyke@hotmail.com .

Hope to see you on the trails!

Bernice Pyke

UPDATE

As you may know, I keep track of the cumulative distance that we walk each year and then plot that mileage on a map. In the past, we have collectively "walked" from ocean to ocean in Canada, up to the Arctic Circle and down to Florida. Our goal for this past year was to continue our walk from Florida down to Mexico. We made it almost to the Mexican border. We are currently just east of San Antonio, Texas. In 2020 we will work our way down through Mexico and Central America.

The more people we have out walking, the further we can collectively walk each week, so walk with us and help us reach our goal!!!

Hope to see you on the trails!! Sign up for the weekly location emails by sending your name and email address to Bernice Pyke

billandbernicepyke@hotmail.com

Additional Activity Groups and Contact Information

If you would like more information about when and where these groups meet or what they are doing for fun and learning, please contact the leader or June Booth at jdbooth52@yahoo.ca

Brew Crew

- Patsy Leamon palpa@sympatico.ca

MARATHON BRIDGE -As of January 1st, 2020

Val Randall

vmrandall@rogers.com

DINNER IS SERVED CLUB

Photography Club -Contact Shirley Gonsalves if you have any questions: 647-292-1101 or shirley.gonsalves@rogers.com

MESSAGE BOARD

Social Bridge

SOCIAL BRIDGE on Thursdays at the Ajax Public Library – Main Branch, 55 Harwood Ave. South in the Rotary Room starting at ~2:30pm (A free will donation is taken for coffee and cookies.) Social bridge will be held on Thursday **February 6, February 13, February 20 and February 27**. This is social bridge so HAVE FUN.

FREE BRIDGE LESSONS. There are no lessons in February.

Euchre

Euchre is at the Main Branch of the Ajax Library, 55 Harwood Ave. South. Here are the dates up until July of 2020: January 03, 17, and 31, February 14 and 28, March 13, and 27. There is no euchre on April tenth, as this is Good Friday, April 24, May 08 and 22, June 05 and 19.

New: Town of Ajax 55+

Contact Robert Prochilo at the Town of Ajax robert.prochilo@ajax.ca.

The Social Lounge

Ajax Community Centre
Tuesdays | 9 a.m. to 12 p.m.

Audley Recreation Centre
Mondays | 1 to 4 p.m.

McLean Community Centre
Mondays | 10:30 a.m. to 1:30 p.m.
Thursdays | 10:30 a.m. to 1:30 p.m.

55+ OLDER ADULTS

ajax.ca | **Town of Ajax**
By the Lake

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PROBUS Club of Durham West WEBSITE

Follow the link: durhamwestprobus.org (control and click)

For information on other PROBUS Clubs in Canada go to <https://probus.org>.
And international clubs, go to <https://probusglobal.org/>

Comments, articles and photographs from Social Events and Activity Groups would be appreciated. Please send to our editor, Ada Larock, at durhamwestprobus@gmail.com

**CHECK YOUR EMAIL IF THE WEATHER IS BAD ON A MEETING DAY TO SEE IF
A CANCELLATION MESSAGE HAS BEEN SENT.**

**For those without email, someone will phone you.
Emails and calls will be
made before 9:00 a.m.**

2019 – 2020 MANAGEMENT COMMITTEE

PRESIDENT -----	Jim Hinnecke	james.hinnecke@rogers.com
VICE PRESIDENT ---	Byron Simmons	bandjsimmons@rogers.com
PAST PRESIDENT –	Randy Slemin	randyslemin@gmail.com
SECRETARY -----	Ann Buffett	annbuffett28@gmail.com
TREASURER -----	Bernice Pyke	billandbernicepyke@hotmail.com
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ACTIVITIES -----	June Booth	jdbooth52@yahoo.ca
SOCIAL -----	Patricia Nie	korolp@sympatico.ca

Think Spring

