



PROBUS Club Of Durham West

www.durhamwestprobus.org

June 2019

PROBUS MONTHLY MEETING

June 13th 2019, 10 am

SPEAKER

Christine Allum – Protecting Your Money

PRESIDENT'S MESSAGE

Randy Slein



AGE FRIENDLY COMMUNITIES

In the upcoming weeks and months you will increasingly hear the term “age-friendly communities.” In 2006 the World Health Organization developed an initiative to help cities support healthy aging by becoming more age-friendly. In an age-friendly community “the policies, services, and structures” are designed to help seniors “age actively” so they live safely, enjoy good health, and stay involved.

For example, an age-friendly community

- a) recognizes that seniors have a wide range of skills and abilities
- b) understands and meets the age-related needs of seniors
- c) protects seniors who are vulnerable
- d) respects the decisions and lifestyle choices of seniors.”

Ajax has recently assembled an age-friendly community committee to develop and implement the town’s plan. In the future they will be explaining to us how PROBUS members can be part of the planning process.

Do you have suggestions for the town as they develop this age-friendly plan?

Here is your opportunity to have your say in a plan that will benefit all seniors.



“INTRODUCING THE SPEAKER “



Protect Your Money



Our speaker for June is Christine Allum from the Ontario Securities Commission, the provincial regulator for the securities industry. The OSC's presentation, Protect Your Money was developed to help people, especially seniors, make more informed financial decisions and in particular to avoid being defrauded.

MEMBERSHIP



Welcome to our new PROBUS members

Joyce Vibert Absent: Vanessa Chambers, Graham Sideway

Our membership is at the maximum of 340. We currently have 7 names on our waiting list. If you are not going to renew your membership to the PROBUS Club of Durham West please let us know so that we can shorten the waiting list. Thank you.

Remember to send any changes to your address, telephone number or e-mail to Geoff Cutten at gcutten0809@rogers.com



EXECUTIVE POSITIONS



Would you consider volunteering for one of the upcoming management committee positions starting September 1st?

We are looking for a Secretary, Newsletter Editor, Activities Leader, and Social Committee Leader(s).

Not sure what the job entails and want to know more about it? Job descriptions are available by sending an e-mail to president@durhamwestprobus.org or check the club website www.durhamwestprobus.org or at the Membership table. Lots of training is available as the person you are replacing is still a club member and will help you settle into your new role.

The club relies on volunteers to run its day to day events, please don't wait to be asked. If you are interested speak to any member of the management committee and they will answer any questions you may have.

SOCIAL REPORT

OLD FASHIONED BBQ

Thursday June 20th

Cullen Gardens Covered Picnic Pavilion

Enjoy an afternoon of old-fashioned fun with games like Bingo and croquet. Bring your guitars and ukuleles and have a jam session and entertain the group. Dig out your best recipes for Best Dessert contest.



All this will be followed by a catered BBQ and a chance to sample the wonderful cakes and cookies offered for judging in the bake-off. Bake-off spots will be limited to the first 5 entry's in the following categories – Cakes, cookies and squares, pies and tarts. So, sign up early.

Time: 3:00 pm Dinner 5:30 pm
Cost: \$21.00

Signup for BBQ and entrance into bake contest at the June meeting.

Note -- Alcoholic beverages are not allowed at this venue.

Convenors: Dale Thomas (905-7236862) and Juanita Hogg-Devine (416-444-2257)

SS KEEWATIN TOUR with LUNCH IN MIDLAND

Monday July 8th

We will travel by coach for a guided tour of SS Keewatin with lunch on the Midland waterfront at The Boathouse Eatery (optional) There should be free time to explore downtown Midland for the 35 historical painted murals depicting significant times in Georgian bay history.

Cost \$54.00 (lunch cost not included)

Lunch: The Boathouse Eatery restaurant will allow individual bills so you may choose whatever meal and beverage you wish. An example of the menu items will be at the signup table.

Due to overwhelming interest there will be two buses going.

Bus 1 will do the Keewatin tour and then to lunch.

Bus 2 will proceed to lunch and then to the tour.

Buses will **leave** Walmart parking lot at **9 am sharp**. Please arrive by 8.45 am

Last signup will be at the June meeting.

Convenor: Marcia Everitt (416-724-6355)

WESTBEN and WOODLAWN INN

Thursday July 25th

Of the ninety tickets that were ordered for the performance at Westben on July 25th there are only seven left to sell. Purchase of these tickets will be at the PROBUS meeting on June 13th. For those who have requested a ride to Westben, please come to the back in June and check the signup sheets. You might find someone you know who is going and you can ask them for a ride. PROBUS is a social club so if possible, please share a ride. You'll have a chance to meet others in our club and also save on gas!

Westben singers perform our favourite ABBA hits from Mamma Mia to Here We Go Again!

Following there will be an optional dinner at the Woodland Inn in Cobourg.

The delicious buffet price includes tea, coffee, dessert, gratuities and taxes.

Westben -ABBA MIA price --\$40.10

Woodlawn Inn Buffet price-- \$32.75

You may sign up for one or both events at the June meeting.

Convenors Jean Jackson (905-420-6410) and Carl Clarke (905-668-2640)

WOODBINE RACES

Saturday August 17th

Enjoy an afternoon of dining and races in the Favourites Dining Room, opens 12 noon to 3pm

Post time is 1 pm.

Independent travel to the venue.

Buffet meal and programme is included in cost.

Price. \$49:00 includes taxes and gratuities.

Signup at the June and July meetings.

Convenors Juanita Hogg Devine (416-444-2257)

NINE and DINE at ROYAL ASHBURN GOLF CLUB

Wednesday August 28th

PROBUS Annual Fun Golf Tournament!

You can register individually or as a foursome.

Arrive at 3:00 pm, shot gun start at 3:30 pm

Golf, Cart & Dinner - \$75.00

Ride & Dine - \$52.00

Dinner only - \$44.00

Convenor: Juanita Hogg-Devine, 416-444-2257



ROYAL ASHBURN
GOLF CLUB

CAPITAL THEATER PORT HOPE **“GUYS AND DOLLS”**

Lady luck was with us for this trip. The weather was warm and sunny and fifty-five PROBUS members enjoyed an excellent production and a great outing in the quaint town of Port Hope. Thanks to Dale Thomas for convening.

REMINDERS: There are NO REFUNDS. If you sign-up for an event and are unable to attend you may have someone go in your place by getting payment from them and notifying the Convener of the event of the change along with the name & phone number of the person replacing you.

PLEASE BRING YOUR CHEQUE BOOK as you must pay for the event at the time of sign-up since cash is not accepted.

NAME TAGS

Wearing names tags on social outings is helpful for new members and those of us who have a momentary lapse in memory.

Please use the suggestion box for feedback and ideas for social events.

Remember to bring your coffee mug.



Please be aware that many people are very allergic to scents, so please DO NOT wear perfume or aftershave to gatherings.



ACTIVITY GROUP NEWS

We are looking for more people for one of the book clubs.

Novel Readers meet on the 1st Wednesday of the month at 1:00. The contact person is Colleen Lea colleenlea@hotmail.com

The book groups do take time off during the summer so this is a good time to get your name on the list.

A 2nd **Ukulele group** is looking for more strummers. Please contact Catherine if interested. The day for meeting has yet to be set.



Breakfast Group: we are expecting to start a 2nd group as soon as we have a few more members interested. Some members have indicated that they would like to go earlier than 9:30, so the new group has the opportunity to set the time. Please notify me if interested in a Breakfast group

Any ideas for new groups would be appreciated. Please contact me at c.frost@sympatico.ca

BOOK CLUBS

THE NOVEL READERS

The Novel Readers book club will meet on Wednesday, June 5, 2019 to organize our reading schedule for September 2019 to June 2020. We will also be discussing *His Whole Life* by Elizabeth Hay. The Novel Readers currently have openings for two new members. We meet on the first Wednesday of the month. We do not meet during July and August. For more information, please contact Colleen Lea at 905-686-1629 or colleenlea@Hotmail.com.

THE READERS CHOICE



The last meeting for the Readers Choice Book club will be in July. Books whether on paper, electronic, or audio allow the reader to escape into another world. Since starting in Feb 2013, Readers Choice Book Club has read over 60 books and a big thank you goes out to all past and present members for some excellent book selections. We have enjoyed many genres including fiction, non-fiction, drama, comedy, chick literature, science fiction and fantasy just to name a few. The book for July is “A Street Cat Named Bob” by James Bowen, an uplifting true story of an unlikely friendship between a man on the streets and a ginger cat who adopts him. Happy Reading to all, Debra.

WORDS WORTH READING BOOK CLUB

Our book for June is “Finding Gobi” by Dion Leonard. It is a miraculous tale of an ultramarathon runner who crosses paths with a stray dog while competing in a 155-mile race through the Gobi Desert in China. When the race is over Dion tells Gobi, he will bring her back to the UK and thereafter we learn the many challenges he faced to keep this promise. Contact: Jean Jackson at jeanej@rogers.com or 905-420-6410.

BOARD GAMES

The Board Game group is taking a break for the summer. We will resume on September 10th. If you would like more information please contact Sue Hinnecke at 905-839-5508 or s.hinnecke@rogers.com



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BOWLING

We had an excellent turn out for our year-end lunch at Boston Pizza & bowling afternoon on Thursday, May 23rd. We are going to give those bowling pins a rest for the summer. Bowling will resume on **Thursday, September 26th**. Thanks to all of our members who made this year such a success!!

CINAMA CLUB

Our last movie will be on June 21st before everyone's' summer holidays. Thank goodness Spring has finally arrived.

Contact: Joanne Bullen at jvarty@hotmail.com or 905-686-1945

DINNER-IS-SERVED CLUB

The NEW "Dinner-is-Served" club met on Thursday, May 23, at Symposium. Everyone enjoyed their meal and we all had a great time and lots of laughs. Our next dinner will be at Finn MacCool's in Ajax on Thursday, June 27. Our membership is currently full at 22 members.

This type of get-together is a wonderful way to get to know fellow PROBUS members on a smaller scale. Contact: Fran Griffin at frangriffinhome@gmail.com.



GOLF

PROBUS golf is on Tuesday mornings at Hawthorne Valley. It is non-competitive so any level of golfer can join and have a good time. You don't need a foursome; individuals will be assigned a group.

For more information e-mail marciaeveritt@yahoo.ca

MARATHON BRIDGE

We had our Bridge end of season party on Tuesday May 28th. Congratulations to our winners.

Highest score: Dru Carter
2nd Highest: Maddi Fitzpatrick
3rd Highest: Mark Scanlan

NATURE LOVERS

A spring and fall nature scavenger hunt, a tour of a primate sanctuary, turtle conservation facility and a fall nature hike are planned for 2019. Our monthly field trips are usually the third Thursday morning of the month (dependent on when an activity is available.) Come and join us in loving nature!

Contact Geoff Cutten: gcutten0809@rogers.com or 905-831-7489.



NIBBLES AT NIGHT

Members will meet on Friday, June 21st at the home of Irveen and Dave Powley. For further information about this interesting group contact: Dru Carter, carterdr34@gmail.com.

SNAPPED PHOTOGRAPHY CLUB

Our next photograph venture will be to Cullen Gardens valley. We will then meet at a member's home to enjoy a tasty BBQ. The July outing will be an exciting trip to Laveanne Lavender Fields and then on to Docville - an old western town.

We are an amateur photography club where all types of cameras and levels of photography are welcome. We meet on the third Wednesday of the month. If you are interested in trying photography, contact Lorna Smith at: lsmith1@bell.net

WALKING on WEDNESDAYS

Join us each Wednesday at 10 am as we walk various paths in the area. Most paths are paved and have washrooms available. We generally walk for about 75 minutes. No need to commit to walking regularly. You just show up when you are available. The time goes by fast when you are chatting with others!

To get on the weekly email list for locations, send me your name and email address. Then each weekend you will receive notification of the next week's starting location.



Hope to see you on the trails now that spring is here!

To be put on the email list, just send your name and email address to Bernice Pyke at billandbernicepyke@hotmail.com

Additional Activity Groups and Contact Information

If you would like more information about when and where these groups meet or what they are doing for fun and learning, please contact the leader or Catherine Frost at c.frost@sympatico.ca

<u>Breakfast Club</u>	-Linda Robins	Richard.robins@sympatico.ca
<u>Brew Crew</u>	- Patsy Leamon	palpa@sympatico.ca
<u>Create and Chat</u>	- Dorothy Green	captain.kirby@sympatico.ca
<u>Dinner Group</u>	-Bruce Green	meandchester@bell.net
<u>Garden Club</u>	- Geoff Nie	geoff.nie@sympatico.ca
<u>Geneology</u>	-Judy Feeney	jepf@rogers.com
<u>Indoor Golf</u>	- Elizabeth Long	elizabeth.long97@yahoo.ca
<u>Pole Walking</u>	-Eileen Nixon	eileennixon8585@gmail.com
<u>Ukulele Strummers</u>	- Sue Porter	s.e.porter@rogers.com

MESSAGE BOARD

AJAX LIBRARY

Social Bridge

Thursdays at the Ajax Public Library – Main Branch, 55 Harwood Ave. South in the Rotary Room starting at 2:30pm (A free will donation is taken for coffee and cookies.) This is social bridge so HAVE FUN.
Social bridge will continue every Thursday through the summer.

Free Bridge Lessons, Euchre and Cribbage will resume in September.

TOILETRIES

Thank you to everyone who has given toiletries to me. You are champions, indeed, to retrieve these much-appreciated articles from your hotel stays.

There is a need for the small cosmetic bags that are filled for distribution in the Christmas hampers, as we used those previously donated last year. If you have any to spare, please consider adding them to your generous gifts of toiletries.

Many thanks. Sandy Clarke.



PROBUS Club of Durham West WEBSITE

Follow the link: durhamwestprobus.org

👉 Happy
Father's
Day! 🎀 🎀 🎀

2018 / 2019 MANAGEMENT COMMITTEE

PRESIDENT -----	Randy Slemin	president@durhamwestprobus.org
VICE PRESIDENT ----	Jim Hinnecke	vicepres@durhamwestprobus.org
PAST PRESIDENT --	Mark Scanlan	scanbones@gmail.com
SECRETARY -----	Shahid Naeem	naeemsx@gmail.com
TREASURER -----	Bernice Pyke	billandbernicepyke@hotmail.com
MEMBERSHIP -----	Geoff & Bonnie Cutten	gcutten0809@rogers.com
SPEAKER -----	Roy Boon	royboon67@gmail.com
HOUSE -----	Renzo & Sharon Castellarin	sharoncastellarin@bell.net
NEWSLETTER -----	Ann Buffett	annbuffett@sympatico.ca
WEBMASTER -----	Ian Medford	ismedford1@gmail.com
ACTIVITIES -----	Catherine Frost	ccfrost501@gmail.com
SOCIAL -----	Juanita Hogg-Devine	aj.devine@sympatico.ca
	Dale Thomas	dalethomas4@sympatico.ca



We need your help!

Comments, articles and photographs from Social Events and Activity Groups would be appreciated. Please send to: annbuffett@sympatico.ca
For information on other PROBUS Clubs in Canada go to <https://probus.org>

NON PROBUS Club of Durham West Travel Information

The following multi-day tours are offered by the respective tour companies. This information is provided for your interest.

HNA TRAVEL www.hnatravels.com

“NEW”

Long Weekend In New York City - Thur. August 29 to Monday September 2nd.

Three (3) nights at the New York Hilton with a 48-hour Hop-on/Hop-off New York City tour including boat tour.

Welcome dinner on day 1

Free time to explore YOUR New York City – shopping/theatre/attractions/ museums.

Services of an HNA travel Tour Director

COST: \$1199 CDN per person double occupancy, \$1749 single.

Non refundable \$250 deposit due on booking.

Please contact Shirlie at 905-619-8583 or shirlievanputten@rogers.com directly to book or for further information.

Ensure you tell her you are from PROBUS Club of Durham West

Quebec Garden Tour – July 14 to July 19, 2019

Return motor coach, 5 nights accommodation, tours/admission to all attractions

Meals: 3 lunches and 3 dinners.

Featuring: Reford Gardens – home of the Himalayan Blue Poppy, Domaine Joly de Lotbiniere, Parc Marie Victorin, Jean D’arc Garden Quebec City, plus amazing private gardens. Cost: \$1299 double or \$1799 single, plus HST.



Cape Cod & Boston – September 9 to 14, 2019

Return motor coach transportation, 3 nights at the Riviera Beach Resort, 1 night in Springfield and 1 night in Providence R.I. Tour of the Breakers Mansion in Newport R.I., Cape Cod including Provincetown with local guide. Tour of Martha’s Vineyard including ferry ride and guided tour. Tour Boston and Cooperstown New York and the Baseball Hall of Fame. 5 breakfasts and 3 dinners. Taxes and baggage handling. Cost: \$1299 per person double.

LAKESHORE TOURS & TRAVEL WWW.LAKESHORETOURS.CA

Newfoundland and Labrador July 31 to August 11, 2019 (12 days)

Lakeshore says this is the most comprehensive tour of the province available and it will provide an authentic experience for everyone. A local guide provides stories, humour, and history at every mile of the journey. The 12 day tour includes 11 nights accommodation, return airfare, 8 midday meals, breakfast daily, 3 dinners, baggage handling and much more. A valid Canadian passport is required for this tour.

Cost: \$ 4795 double, single supplement \$800, triple reduction \$100. Taxes included.

Taste of Vermont and New Hampshire August 26 to August 30, 2019

Return motor coach transportation. Tour Vermont teddy bear company, Norman Rockwell museum, vineyard tour & tasting, train ride on 150-year-old Cog Railway train. Visit Ben & Jerry's original location. Cost \$1445 double, \$1395 triple, \$1895 single. Valid Canadian passport required.

Quebec City with Via rail – October 21 to 24, 2019

One of the most popular tours offered by Lakeshore riding the rails to Quebec City. Stay 3 nights within the walls of old Quebec at the Hotel Manoire Victoria. Included is breakfast daily, guided city tour, luggage handling and a farewell dinner.

Cost: \$995 double or \$1245.00 single, tax included.

For more information contact Jim Knight or Marilyn Glassford at Lakeshore Tours 905-623-1511. Ensure you tell them you are from PROBUS Club of Durham West.

DENURE TOURS www.denuretours.com

Tobermory and Manitoulin Island – 3 days September 3rd departure

Deluxe motor coach transportation, 2 nights accommodation, 2 breakfasts, 1 lunch, 2 dinners. Tour highlights include Bridal Veil Falls, Old Mill Heritage Centre, Church of Immaculate Conception, 10 Mile Point trading post, Assiginack Museum and church, plus Flower Pot Island cruise.

Cost: \$995 double or \$1195 single, taxes included.

Stratford and Shaw Festivals – 3 days, August 27th departure

Experience theatre in two of Canada's best venues.

Deluxe motor coach transportation, 1 night Stratford, 1 night Niagara-on-the-Lake. 2 breakfasts, 2 lunches, 2 dinners.

Stratford Festival archives tour, Stratford Festival performance of Billy Elliott the musical. Shaw Festival performance of Brigadoon, St Jacobs and Fort George, vineyards tour, wine tasting & lunch.

Cost: \$1,495 double or \$1795 single



Vermont – 5 days – October 15th departure

Deluxe motor coach transportation, 4 nights accommodation at Stowe Vermont Golden Eagle resort, 4 breakfasts, 1 lunch, 3 dinners, Tour Director services.

In October, Vermont's rolling hills are ablaze in oranges and reds. See quaint villages and historical attractions nestled in gorgeous scenery. Highlights include wine tasting and a maple syrup family business. Cost: \$1595 double or \$2095 single.

To register for these tours, contact De Nure Tours at 1-800-668-6895. Mention that you are from the PROBUS Club of Durham West.