



PROBUS Club Of Durham West

www.durhamwestprobus.org

February 2019

PROBUS MONTHLY MEETING

February 14th 2019, 10 am

SPEAKER

10th Anniversary Celebration replaces the speaker.



PRESIDENT'S MESSAGE
Randy Slemin



PROBUS Club of Durham West's 10th Anniversary

Please join us on Thursday February 14th as we celebrate the tenth anniversary of our club. There will not be a speaker at this meeting. Instead we will be recognizing those responsible for the founding of the club, including several charter members who are still active in the club. Also, the President of PROBUS Canada will join us along with a few more surprise guests. A pot luck lunch will follow immediately after the meeting.



February 14th is also Valentines's day. Be sure to send your favourite sweetheart one of the estimated 190 million valentines sent each year in the U.S. Approximately one half of all chocolate sold each year is sold in connection with Valentines's Day. My dentist loves this day. Despite this commercialization don't forget to tell that special person how much you love and appreciate them.



On 14 February, 2019 our club will mark an important milestone - our tenth anniversary. In January 2009, 29 people got together to create the PROBUS Club of Durham West, and ten years later we continue to grow.

To celebrate this anniversary, we will be having a special event at our February monthly meeting. There will be presentations, a look back and some special guests. The meeting will be immediately followed by a pot luck lunch organized by the social committee.

If you have some pictures or other memorabilia from the past that you'd like to share, please sent it to me, Jim Hinnecke. We also want to extend an invitation to any one who joined in that first year to say a few words reminiscing. Just contact me to be included on the agenda.
Jim Hinnecke at vicepres@durhamwestprobus.org

REMINDER

The March PROBUS meeting is on the 1st Thursday of the month – March 7th.

Our usual meeting day of the 2nd Thursday of the month will be used for March Break activities for the children.

“INTRODUCING THE SPEAKER “

THERE WILL BE NO SPEAKER AT THE FEBRUARY ANNIVERSARY MEETING.

Speakers have been booked for March and April and we are working on securing speakers for further into the year. If you, our members, have seen a good speaker on an interesting topic and think our other members would enjoy hearing them, then let a member of our “speaker team” know and we will try to get them into our program. It is a great deal of help if you have contact information for the potential speaker - email or phone number works best.

Your “speaker team” is Roy Boon, Marilyn Brown, and Gord and Joice McKay.

MEMBERSHIP



Welcome to our new PROBUS members Maureen Hizaka and Anne McKenzie

Remember, if you are sponsoring a new member, they must be present at the General meeting to obtain and complete an application and must provide a cheque for \$50 at that time. Membership cost will be prorated to \$35 as of March 1st.

Remember to send any changes to your address, telephone number or e-mail to Geoff Cutten at gcutten0809@rogers.com



SOCIAL REPORT

PROBUS CLUB OF DURHAM WEST 10TH ANNIVERSARY CELEBRATION

Thursday February 14th, 2019

We will mark this milestone with some "special events" following the regular business meeting. Social time will be enjoyed along with a Pot luck lunch provided by the membership. **Please bring a dish of your choice.** A large Anniversary cake will be provided for dessert. Plates, cutlery, water, tea and coffee will also be provided. No cost to members.

RIPLEYS AQUARIUM WITH BUS

Thursday March 21st 2019

Time: 8:30 am. The bus will pick us up at the Walmart parking lot (east of Salem + Hwy2)

Return: About 3 pm

Cost: \$44.00 per person

Lunch is not included in the price. Lunch will be on your own. We will provide suggestions on possible restaurants on the bus.

Signups in February and March

Convenors are Lorna Smith (905-837-0875) and Dale Thomas (905-723-6862)

BLUE JAYS GAME

Saturday, April 13th

Fifty tickets have been reserved for the Saturday, April 13th game at 3:07 pm between Toronto Blue Jays and Tampa Bay Rays. The cost is \$45.00 for the game only. Sign up will take place at the February and March meetings. Tickets will be available for pick up at the April 11th meeting. If you are unable to attend the April meeting please arrange for someone to pick it up on your behalf. Due to timing of the game, lunch or dinner will be on your own.
Conveners: June Booth (905-686-1477) and Claire Speed (905-428-6356)

Socials to come!

May - Capital theatre (Guys and Dolls)

June- Toronto tour (possible bus tour with Mike Filey)

July- SS Keewatin with St Marie Among the Hurons or Orillia boat cruise

July 25- Westben and Woodlawn Inn (music-ABBA-Mia)

August - Picnic / BBQ AND Nine and Dine

COURT WHIST



Forty (40) avid card players enjoyed some great food and a fun non-competitive game of Court Whist despite the non-cooperative weather. Congratulations to Sandra Slyford the big winner of the day with the highest score. Silvi Karhunen took second place and Ian Medford a respectable third.

Thanks to conveners Marianne Rhode and Dale Thomas for organizing this event.

“Christmas Luncheon”

One hundred and eighty-five (185) PROBUS members enjoyed a delicious meal and some good cheer at our annual Christmas luncheon. A picture slide show reviewed the years activities. Everyone was is good singing voice for the Christmas Carrol sing along. Prizes were won with lucky draw tickets. A merry time was had by all participants. Thanks to Maria and Bob Bawcutt and Ron Cameron for leading us in song. Thanks to Ian Medford for preparing the excellent slide show. A very nice ending to a great PROBUS year.



Thank you to Dale and Juanita for a fabulous Christmas Lunch.



REMINDERS: There are NO REFUNDS. If you sign-up for an event and are unable to attend you may have someone go in your place by getting payment from them and notifying the Convener of the event of the change along with the name & phone number of the person replacing you.

PLEASE BRING YOUR CHEQUE BOOK as you must pay for the event at the time of sign-up since cash is not accepted.

NAME TAGS

Wearing names tags on social outings is helpful for new members and those of us who have a momentary lapse in memory.

Please use the suggestion box for feedback and ideas for social events.

Please be aware that many people are very allergic to scents, so please DO NOT wear perfume or aftershave to gatherings.



ACTIVITY GROUP NEWS



Pictured is 16 of our 21 PROBUS Activity Group Volunteers

VOLUNTEERING

Volunteering could be the reason someone smiles today!

Volunteering is good for the brain.

Volunteering helps keep you healthy.

Volunteering provides purpose and meaning in your life.

Volunteering confers sense of control

Volunteering makes you feel more time-rich.

Volunteering makes you feel good!



41% of Canadians aged 55 to 64 volunteer an average of 203 hours a year.

38% of those aged 65 to 74 volunteered an average of 231 hours a year.

39% of Canada's volunteer hours were contributed by people 55 or older.

Some of our members have expressed an interest in playing **CHESS**. Please let me know if you would like to form a group and I will help get a group established.

The **Breakfast Group** is at capacity and there are others interested so we will start a 2nd group. We only need 5 or 6 members to start this group. If you are interested send me your name and contact information. This group would meet on a different day to the present group.

Remember that you can sign up to join any of the groups listed below at any of the general meetings.

Please send me your idea for a group. What is your Hobby?

Catherine Frost c.frost@sympatico.ca

BOOK CLUBS



THE NOVEL READERS

The Novel Readers will be discussing "His Whole Life" by Elizabeth Hay, when they meet on February 6, 2019. Looking ahead to March, our club will be reading "The German Girl" by Armando Lucas Correa. For more information about our club, contact colleenlea@hotmail.com or 905-686-1629.

THE READERS CHOICE

Our book for February is called "Finding Gobi" by Dion Leonard - a true story about a marathon and a stray dog.

Contact: Debra Eckstein at debra@eckstein.com

WORDS WORTH READING BOOK CLUB

In February, the book club is reading "The President is Missing" by Bill Clinton and James Patterson. Set over the course of three days, the novel sheds a stunning light on the inner workings and vulnerabilities of the United States.

Contact: Jean Jackson at jeanej@rogers.com or 905-420-6410

Our Christmas Luncheon



BOARD GAMES

Did you know?

Games can reduce the risk of developing Alzheimer's by 47 % .

Games promote mental stimulation and boost memory functioning.

Games sharpen critical thinking, information retention and problem solving.

Games increase intelligence by making you think.

Playing board games brings on positive social interactions and laughter which help reduce stress.

Games can help people bond.

Games teach important life lessons like never give up.

Come join us at 1:30 on February 11 at VIVA retirement in Pickering. Contact Sue Hinnecke at 905-839-5508 or s.hinnecke@rogers.com for more information.

BOWLING

Thursday, February 28th at 2:30 pm. (note time change)

Join us for Fun and Friendship!

Novices to experts are welcome! **We welcome new bowlers.** This is not a league.

Bowling is once a month usually on the fourth Thursday afternoon.

Location: Ajax Bowling Centre, 172 Harwood Ave. South.

Cost: \$10.00 includes 2 games & shoes (\$2.00 for shoes), \$8.00 if you have your own bowling shoes. Payment at the bowling alley.

Monthly sign-ups are by contacting Bonnie Cutten bcutten0809@rogers.com or 905-831-7489 for more information.

BREAKFAST CLUB

The breakfast group meets the first Tuesday of the month at 9:30 am.

February 5 we will be meeting at Angelique Restaurant, 31 Barr Road, Ajax

Contact: Barb Stevens at barbandtrev.25@gmail.com

Please contact by February 1st to ensure you are included in the reservation.

Advance notice on the March restaurant, **March 5** join us at Cora's, 1755 Pickering Pkwy,

Pickering. Contact: Bev Kemp at bevite19@gmail.com

Contact: Linda Robbins at Richard.robbins@sympatico.ca



GENEALOGY

The Genealogy group is continuing on with our individual Family History projects. At our meetings we watch a video on a related topic, or listen to speakers tell of their own research projects or sometimes invite speakers who are experienced in the field. We also share our finds of web sites, classes, tips that might be of value to others in the group.

For more information contact Judy Feeney, jepf@rogers.com or 905-427-9543

INDOOR GOLF

Indoor golf is played at Carruthers Creek on the 2nd and 4th Monday of the month at 10:00am. There are 4 simulators that have over 80 different golf courses to choose from. You will use all the clubs that you normally use when playing golf except the putter, the machine putts for you when you reach the green. The cost is \$22.00 per hour that is split between the number of people using the simulator.

The Monday morning league is a mixed league for seniors, 2 of the machines are used by a group of men and Probus have the other 2. We have 8 members playing on January 28th. Contact: Elizabeth Long at elizabeth.long97@yahoo.ca

NATURE LOVERS

There are no planned outings for January, February or March. A proposed March 21st outing to Reptilia Whitby has been postponed for a later time. Instead, those who wish can attend the Ripley's Aquarium outing organized by the social committee for that day. Sign up at the social desk.

Our monthly field trips are usually the third Thursday morning of the month (dependent on when an activity is available so it will not be in conflict with PROBUS social committee outings).

Contact Geoff Cutten: gcutten0809@rogers.com or 905-831-7489.

NIBBLES AT NIGHT

For information about our group contact Dru Carter,
carterdru34@gmail.com.

Christmas Luncheon



SNAPPED PHOTOGRAPHY CLUB

January was a continuation of our planning meeting in November. We have some exciting outings planned such as a visit to the ROM to view the works of Wildlife photographers. March will be a tour of the Ontario Regiment Museum and time to take close up photos of military tanks etc. We are an amateur photography club where all types of cameras and levels of photography are welcome. We meet on the third Wednesday of the month. If you are interested in trying photography, contact Lorna Smith at: ismith1@bell.net

WALKING on WEDNESDAYS

Well, another calendar year of walking is over. In 2018 we collectively walked 1089 miles, which took us from Ajax to Orlando, Florida. We did not make our goal of Key West this year, but walking to see Mickey Mouse is just as good!! Just so you have an idea of how we compared to our performance over the past 5 years, here is the track...

2014 - 1070 miles (Ajax to Halifax)

2017 -1575 miles (BC to Arctic)

2015 - 1772 miles (Ajax to Sask.)

2018 - 1089 miles (Ajax to Orlando)

2016 - 1641 miles (Sask.to Vancouver)

As you can see by the numbers, we have made a conscious decision to walk shorter walks each week. I still think we should be proud of ourselves for doing it each and every week of the year, no matter the weather. So, a HUGE pat on the back to all those who helped us reach these numbers! Where to next? Since we are "in" Florida, we will walk westward to Texas, then south through Mexico on our way to the Panama Canal. Hopefully we can make it by the end of the year!! So, keep on walking so we can make it to South America!!

If you would like to help us reach our goal, meet us on Wednesdays at 10 am for a walk of just over an hour. We walk rain or shine along mostly paved paths with washroom access. To find out the location of the weekly walks, sign up for the once a week email by sending your email address and name to me. Hope to see you on the trails!

Contact: Bernice Pyke billandbernicepyke@hotmail.com



Additional Activity Groups and Contact Information

Breweries	-Patsy Leamon	palpa@sympatico.ca
Cinema Club	-Joanne Bullen	jvarty@hotmail.com
Create and Chat	-Dorothy Green	captain.kirby@sympatico.ca
Dinner Group	-Bruce Green	meandchester@bell.net
Garden Club	- Geoff Nie	geoff.nie@sympatico.ca
Golf	- Marcia Everitt	marciaeveritt@yahoo.ca
Marathon Bridge	- Julie Trebilcock	julietrebilcock@rogers.com
Pole Walking	- Eileen Nixon	eileennixon8585@gmail.com
Ukulele Strummers	- Sue Porter	s.e.porter@rogers.com

MESSAGE BOARD

AJAX LIBRARY



Bridge

Thursdays at the Ajax Public Library – Main Branch, 55 Harwood Ave. South in the Rotary Room starting at ~2:15pm (A free will donation is taken for coffee and cookies.) Social bridge will be held on **Thursday February 14th 21st and 28th**. This is social bridge so HAVE FUN.

Free Bridge Lessons

Thursdays at the Ajax Public Library – Main Branch, 55 Harwood Ave. South in the Rotary Room starting at 2:30pm (A free will donation is taken for coffee and cookies.) .

Bridge lessons will be held on **February 7th**.

Euchre

Our next games are on Friday **February 1st and 15th** at the Ajax Library Main Branch from 2:30 pm to 4:30 pm. BUT come a little earlier because it can fill up quickly. Coffee and cookies are available for a small donation.

Cribbage is at the McLean's Recreation Centre. February games are on Friday **February 8th and 22nd** at 2:30 till 4:30. Further information can be found at www.ajax.ca/library

All of the above are free and everyone is welcome.



2018 / 2019 MANAGEMENT COMMITTEE

PRESIDENT -----	Randy Slein	president@durhamwestprobus.org
VICE PRESIDENT ----	Jim Hinnecke	vicepres@durhamwestprobus.org
PAST PRESIDENT --	Mark Scanlan	scanbones@gmail.com
SECRETARY -----	Shahid Naeem	naeemsx@gmail.com
TREASURER -----	Bernice Pyke	billandbernicepyke@hotmail.com
MEMBERSHIP -----	Geoff & Bonnie Cutten	gcutten0809@rogers.com
SPEAKER -----	Roy Boon	royboon67@gmail.com
HOUSE -----	Renzo & Sharon Castellarin	sharoncastellarin@bell.net
NEWSLETTER -----	Ann Buffett	annbuffett@sympatico.ca
WEBMASTER -----	Ian Medford	ismedford1@gmail.com
ACTIVITIES -----	Catherine Frost	ccfrost501@gmail.com
SOCIAL -----	Juanita Hogg-Devine	aj.devine@sympatico.ca
	Dale Thomas	dalethomas4@sympatico.ca



PROBUS Club of Durham West WEBSITE

Follow the link: durhamwestprobus.org (control and click)

Any suggestions on things you would like to see on our website, or ways in which we can improve our website, would be greatly appreciated.

Please email Ian Medford at webmaster@durhamwestprobus.org



Comments, articles and photographs from Social Events and Activity Groups would be appreciated. Please send to: annbuffett@sympatico.ca
For information on other PROBUS Clubs in Canada go to <https://probus.org>

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Week 1</u>	Pole Walking 10:00 – 11:00 Indoor Golf (seasonal) Garden Club 2:00	Golf (seasonal) Breakfast Group 9:30	Walking 10:00 – 11:30 Novel Readers 1:00		Pole walking 10:00 – 11:00
<u>Week 2</u>	Pole Walking 10:00 – 11:00	Golf (seasonal)	Walking 10:00 – 11:30 Strummers “Ukulele” 2:00 – 3:30	PROBUS Durham West meeting 10:00	Pole Walking 10:00 – 11:00
<u>Week 3</u>	Pole Walking 10:00 – 11:00	Golf (seasonal) Book group “Words Worth Reading” 1:30	Walking 10:00 – 11:30 Snapped Camera Club 2:00	Nature Lovers 10:00 – 12:00 Book Group “Readers’ Choice” 1:30	Pole Walking 10:00 – 11:00 Nibbles at Night 5:00 – 8:00
<u>Week 4</u>	Pole Walking 10:00 – 11:00	Golf (seasonal)	Walking 10:00 – 11:30 Strummers “Ukulele” 2:00 – 3:30	Durham West Management Meeting 10:00 Bowling 1:30	Pole Walking 10:00 – 11:00

SMALL GROUP ACTIVITIES CALENDAR

Marathon Bridge: arrange your own games (sign up is in August)

Scrap Booking: no established meeting day. Contact Bernice Moreton at bernicemay@sympatico.ca

For inquiries for any group contact the leader or Catherine Frost at c.frost@sympatico.ca