



## The PROBUS Club of Durham West

General Meeting is June 9<sup>th</sup>, 2022, HMS Ajax Room - South Entrance Ajax Community Centre,  
75 Centennial Road, Ajax, ON L1S 4S4

### June 2022 President's Message

It was great to see so many familiar and new faces at our May meeting.

We had over 70 members attend in person and 10 attend via Zoom. This really reinforces the purpose of PROBUS to bring retired or semi-retired people together by providing opportunities to meet with others with similar interests and develop a social network. With this in mind, we will return to in-person only meetings in June. It will give us the opportunity to see even more of each other, reconnect, hear about, and sign up for social events, and move forward with our retirements. I am looking forward to seeing you all in June!



We are now able to welcome guests to our meetings if they are vaccinated and wearing a mask as they move about the room, and as always, we are looking for new members to grow our group. If you have friends who want to join us, tell them to go to our website where they can complete an application. <https://www.durhamwestprobus.org/probus>

At the May meeting we did discover that some of the parking at the Ajax Community Centre on the south side of the building has been designated for Contractors. These rows are marked A, B, C. Please do not park in these areas as you will be ticketed.

I introduced the volunteer management committee at May meeting. It was the first time our members saw the team live rather than on Zoom.

Nothing happens in any volunteer organization like ours, without members stepping up to help, share their expertise, and learn something new. Whether you are a relatively new member or have been involved for some years, we encourage you to seriously consider volunteering for one of the vacancies that presently exist (or will exist soon) within our group. (House duties, Vice President, and Newsletter editor). It is a great opportunity to meet other members of PROBUS you have not met yet.

Please let me know how you can help and have fun while supporting our Club. Job descriptions are available for all our Management Team positions on our website, plus current or former Team Members are available to help you get started. For more information, please contact me at [rbridge@rogers.com](mailto:rbridge@rogers.com).

Did you know that the 2021 census showed that the number of Canadians 65 years old and older rose from 16.9 in 2016 to 18.3% in 2021. This means we will have a stronger voice when advocating to governments and local authorities to look after this growing crowd!

The Town of Ajax is in constant communication with us by forwarding information and organizing activities. Mark your calendar for the Senior's BBQ at Rotary Park on June 9 from

11:30am-1:30pm. The June general meeting will wrap up a little early to allow you to head over to the park for delicious food and music. Limited picnic table seating is available, and residents are encouraged to bring a chair.

To be responsive to your interests and ideas the management team has created a survey which will allow you to share your ideas and interests. It will be available shortly. Please take a few minutes to complete it. The results will be shared at a future general meeting.

Finally, Happy Fathers Day to all you Fathers, Step-Fathers, Grandfathers out there and I hope this will be an opportunity for you all to get together with family again.



Ruth Bridge

Management Team for PROBUS Club of Durham West 2022 is available on our website:

<https://durhamwestprobus.org/contacts>

## JUNE SPEAKER

June 9th, 2022

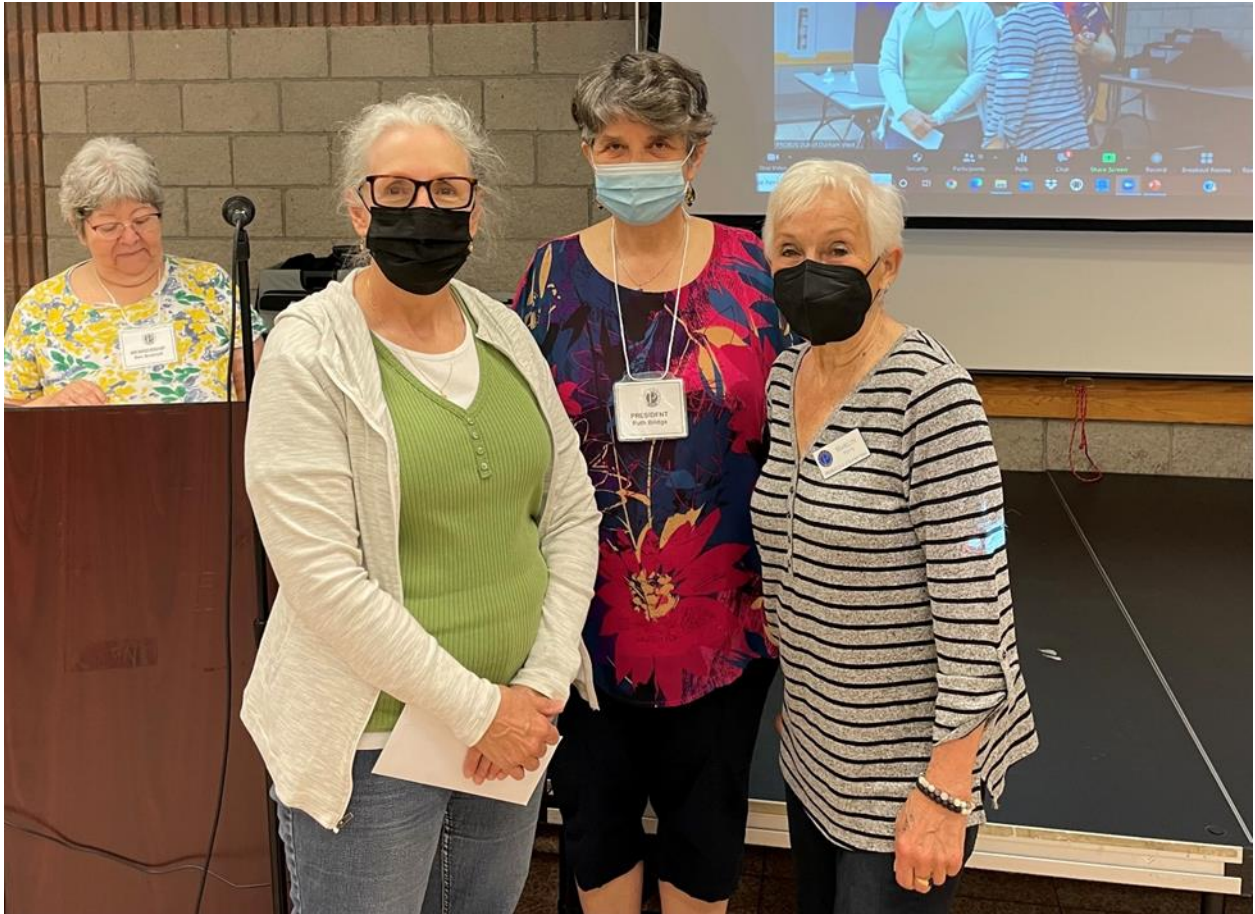
**June Speaker: *Nicole Adams* on DNA Testing for Family History**

Nicole Adams is the Genealogy and Local History Librarian at the Oshawa Public Libraries as well as a professional genealogist. She has over 30 years experience in researching family history and is always keen to help others in their research.

Nicole's presentation on June 9 will talk about new developments in consumer DNA testing as a way of digging for your family roots and what they can reveal about your family history



# MEMBERSHIP



New Member Photos: Left to Right: Bev Bicknell, Membership Chair, Angela McMullen, Ruth Bridge, President, and Marilyn Potts.

Bev & Dave Bicknell

Membership Chairs

Please note that the email for membership inquiries, change of address etc. is now

[dwprobus.membership@gmail.com](mailto:dwprobus.membership@gmail.com)

## TOILETRIES

Many of you will remember the numerous trips Karl and I led where you kindly collected the toiletries from the various rooms. These you, also kindly, left on my seat on the bus each morning knowing they would become part of gift baskets or bags for the various "shelters". Due to our lack of travel, no donations were received for a while. Then, last fall, some people called saying they had toiletries, could I use them? These toiletries, along with others, as

friends discovered, were distributed at Christmas (you may remember the picture in the December newsletter).

If you have any toiletries, including “goodies” for men, and are willing to donate them, please bring them to a PROBUS meeting or drop them off at our home in Whitby.

Thank you everyone. Any donations received, will be distributed at Christmas as the last that I had went for “Easter treats”.

Happy Easter. Sandy Clarke

[sandyc2640@gmail.com](mailto:sandyc2640@gmail.com) or call 905-668-2640

## BRIDGE IS BACK AT THE AJAX LIBRARY

Social bridge is back at the Ajax Library main branch, every Thursdays from 2:30pm to 4:30pm. It will run every Thursday until September at which time we will go back to alternating with lessons. There are no lessons until September just social bridge every Thursday afternoon.

You should wear a MASK for others comfort and safety.

Please hand SANITIZE upon entry to the Rotary Room using the sanitizer that is supplied.

Drinks will not be supplied. If you need to have a drink, please bring your own water bottle and move away from the table to drink.

There is a LIMIT of 7 tables (28 players). This should handle the regular number of participants but if there are more players than 28 players, participation will be on a first come first serve basis.

During the past months we have been playing Bridge on Trickster. These games are now terminated.

I am looking forward to seeing real people and playing bridge with you. As with Marathon Bridge, these Library games are for fun and socialization.

Harvey Brodhecker

## SOCIAL

REMINDERS: There are NO REFUNDS if you sign-up for an event & are unable to attend. You may have someone go in your place by getting payment from them & notifying the Convenor of the event of the change along with the name & phone number of the person replacing you.

PLEASE BRING YOUR CHEQUE BOOK as you must pay for the event at the time of sign- up.

Use the suggestion box for feedback and ideas for social events

Be aware that many people are very allergic to scents so please DO NOT wear perfume or aftershave to gatherings.

## HERONGATE BARN THEATRE

Check out their website <https://www.herongate.com/>  
for the upcoming performance:

**Jenny's House of Joy:** May 20<sup>th</sup> – July 3<sup>rd</sup>

At this point we do not have any planned group trips to Herongate, however, if you decide to book let them know you are with PROBUS Club of Durham West and you will be seated with other PROBUS members.

1,000 Island Boat Cruise – Kingston <https://www.1000islandscruises.ca/>

SOLD OUT: We will be taking a Coach Canada bus to Kingston for a 3 hour glass topped 1,000 Island Cruise. On board we will have a delicious lunch while watching the scenery. We have notified the cruise company of our final numbers.

**Date:** Wednesday June 22<sup>nd</sup>, 2022

**Time:** (please arrive at 8:15 am) 8:30 am – leave Walmart parking lot, 270 Kingston Rd East of Salem Rd, Ajax (park in the far east end of the parking lot between Walmart and Bath Depot) – Coach Canada bus. The bus ride will be approx. 3 hours which includes a comfort stop to and from Kingston. Approximate return time is 6:30 pm to 7:00 pm.

**Boat Cruise:** Boarding at 12:00 pm and departs at 12:30 pm The cruise will be 3 hours returning to wharf at 3:30 pm. We will board the bus at 4:00 pm for our return trip back to Ajax.

**Lunch** – The 2022 menu is now available – mixed salad greens, choice of entrée: Braised beef ribs, chicken korma or sweet potato lasagna and dessert. See 2022 lunch menu on their website. <https://www.1000islandscruises.ca/dining/lunch/queenlunchmenu/>

**Cost:** \$125.00 – includes bus driver tip (members leave tip for lunch server, based on \$45.00 meal)

**Convenor:** Deborah Barbisan [dbarbisan@sympatico.ca](mailto:dbarbisan@sympatico.ca)

Lorna Smith [lsmith1@bell.net](mailto:lsmith1@bell.net)

## ANNUAL PROBUS CLUB OF DURHAM WEST BBQ/PICNIC

**Date:** Wednesday, June 29<sup>th</sup>, 2022

**Location:** Cullen Central Park

**Address:** 4999 Cochrane St., Whitby

**Cost:** \$18.00

**Time:** 3:30 pm – 7:30 pm

BBQ – Catered BBQ consisting of hamburger and/or sausage, salads, dessert, and drinks.



Come and socialize with the group in an outdoor setting.  
Play some games and share some delicious food.  
All welcome! Covered Shelter will accommodate everyone. Rain or Shine!

## ABBA MIA at WESTBEN

**Date & Time:** Thursday, July 21st 2:00 p.m.

**Where:** Westben Performing Arts Theatre, 6698 County Rd. 30 North, Campbellford  
The Mill Restaurant and Pub, Cobourg Creek Golf Course, 990 Ontario Street, Cobourg

**Cost:** \$53 each, theatre only

THIS EVENT IS NOW SOLD OUT! Those who purchased tickets may pick them up at the June or July general meetings. Please contact the convenor, Maria Bawcutt, at

[bamb63e@gmail.com](mailto:bamb63e@gmail.com)

with any questions or concerns.

## 9 AND DINE GOLF TOURNAMENT

### 9 and Dine Golf Tournament

**Date:** Thursday, August 25, 2022

**Location:** Royal Ashburn Golf Club in Ashburn.

**Address:** 9995 Myrtle Rd W, Ashburn 905-686-1121

**Time:** Arrive at 3:00 pm for Shotgun start at 3:30 pm.

After a 2-year hiatus, the much-enjoyed PROBUS Golf Tournament is back. As in previous years, you will have the option of golf, cart and dinner, ride only and dinner or dinner only.

Bottled water will be provided on each cart. Sign-up started at the May General meeting. We hope to fill all 72 golf slots. To ensure we can fill the roster, beginning in June we will make the tournament available to other PROBUS groups, so sign up early to confirm your spot.

Convenor Juanita Hogg Devine [aj.devine@sympatico.ca](mailto:aj.devine@sympatico.ca) 416-444-2257

### Costs:

Golf, cart & Roast Beef - \$125.43

Golf, cart & Pasta with shrimp or pasta vegetarian - \$114.13

Ride only & Roast Beef - \$68.93

Ride only & Pasta with shrimp or pasta vegetarian - \$57.68

Dinner only - Roast Beef - \$51.98

Dinner only - Pasta with shrimp or pasta vegetarian - \$40.68

The prices above include HST and gratuities.

## Bruce Bell Tours, Update.

Ten PROBUS members joined Bruce Bell of Bruce Bell tours at the St. Lawrence Market and learned about the history of the market, and the surrounding area. Did you know the Market housed a jail in the basement of the building? Bruce was an excellent tour guide, and his knowledge of the area was exceptional! The group then enjoyed a lovely lunch at the Hot House Restaurant. Bruce also runs tours of The Distillery district and the Yorkville area. We may consider arranging one of these tours for next year!

## ACTIVITIES

If you are interested in joining a group, we are looking forward to hearing from you! Please reach out to Bev Waite at [bev.waite@outlook.com](mailto:bev.waite@outlook.com)

## NOVEL READERS BOOK CLUB

The Novel Readers will meet on June 1, 2022, to discuss *The Four Winds* by Kristin Hannah. This historical fiction is set in Texas during the depression and the dust-bowl drought in 1934. The Novel Readers do not meet during the summer months. In June, we will be planning our reading choices for 2022-2023 and we are looking forward to another intriguing reading year. We hope to continue meeting in person, but we are flexible about the need to pivot to Zoom. We usually meet on the first Wednesday of the month. Our club currently has full membership.

For more information, please contact Colleen Lea at 905-686-1629 or [colleenlea@hotmail.com](mailto:colleenlea@hotmail.com)

## WORDS WORTH READING BOOK CLUB

This month the book club is hoping to finally be able to meet in the home of one of our members rather than on Zoom. It's been a long time since we've met face to face, and we are looking forward to the social interaction. We will be discussing the novel "The Personal Librarian" by Marie Benedict and Victoria Christopher Murray. According to Goodreads, this is a little-known story of Belle da Costa Greene, J.P. Morgan's personal librarian who became one of the most powerful women in New York despite the dangerous secret she kept making her dreams come true.

Presently, our book club is at full membership.

Contact: Jean Jackson at [jeanej@rogers.com](mailto:jeanej@rogers.com) or at 905-420-6410

## BOWLING

Our final bowling session until September will be held on Thursday June 23rd. at 2 pm.

A year end lunch at Boston Pizza at Salem and Kingston Rd. is being arranged.

The alley is following Durham Public Health Covid-19 policies.

The alley has a new automated scoring system. It is five pin bowling.

Members must register with me each month.

We are not a league, and our motto is to have "FUN"! All levels of bowlers are welcome.

Bonnie Cutten (Lead) 905-831-7489

## CINEMA CLUB NEWS

We are on hold until Landmark Cinemas start the morning movies again.

If you have any questions or you would like to join us, you can contact me, Karen Dryden at [kdryden2852@gmail.com](mailto:kdryden2852@gmail.com)

or Anne McKenzie at [annel.Mckenzie@gmail.com](mailto:annel.Mckenzie@gmail.com)

## CREATE AND CHAT

We have many photos of our projects on the website: <https://durhamwestprobus.org/create-and-chat>

Westney Gardens was available for our May meeting and welcomed 15 members with coffee/tea and plates of cookies and fresh fruit. We also had a visit from one of their residents and a past president of PROBUS Durham West, Gwen Smith.

We had a show-and-tell of past and current projects and it was great to catch up with everyone and hear about their plans.

Contact: Sharon Marshall, [oxford9390@gmail.com](mailto:oxford9390@gmail.com)

## DINNER GROUP #3 is now known as "Table Talk".

We meet at 6PM, not 5:30PM

Members pick the venue but don't contact others. The members pick the restaurant for the next meeting and then the convenor makes the reservation at the restaurant and contacts the members.

The group is full, for now, but please contact Shahid Naeem at (647) 979-2429 for any further information.



## FRIENDLY EUCHRE

We meet every other Friday from 2 pm to 4 pm at the Ajax Library Rotary Room. Our next and last game before summer will be on June 17th. We will start again on September 9<sup>th</sup>.

Everyone is welcome.

### **These are the LIBRARY RULES:**

You must be fully vaccinated to play, and proof will be required.

Masks must be worn as we can't distance ourselves.

We can only have a maximum of 30 people in the room, (7 tables.)

If you aren't feeling well, please stay home and join us in 2 weeks.

Coffee/tea and food will not be available.

You may bring your own refreshments.

If you have any questions, please contact Ann Buffett, at [annbuffett28@gmail.com](mailto:annbuffett28@gmail.com)



## NATURE LOVERS

On Thursday, June 16th I will be holding the Nature Lovers Scavenger Hunt Car Rally. I have six teams (the maximum) all filled with 4 persons per car. The rally will end with a picnic lunch.

Hoping the weather cooperates!

Contact Geoff Cutten at [gcutten0809@rogers.com](mailto:gcutten0809@rogers.com)

## SNAPPED PHOTOGRAPHY

We had a great turnout for our May Snapped outing going to Lynde Shores Conservation Area located at 625 Halls Rd Whitby (using the parking lot off Halls Road and walking east along the trail). Lots of pictures were taken of the variety of nature and wildlife. We are so fortunate to have the opportunity to see nature at it's best so close to home. Check out a variety of photos taken by our members at <https://durhamwestprobus.org/snapped-camera-club>

If you are interested in joining our Snapped Photography group, please contact Lorna Smith at [lsmith1@bell.net](mailto:lsmith1@bell.net)

## WEDNESDAY WALKING GROUP

Join us each Wednesday as we spend an hour walking along the paths in the area. We have walkers of all speeds from fast to snail like. So, you are sure to find other people who are happy to walk at the same pace as you. Whenever possible, we try to find paved trails with washroom facilities. We walk in all types of weather. You never need to confirm your intention to walk. You just show up if/when you feel like walking. After you sign up, you will receive one email each weekend giving you the location of the next Wednesday's walk. We generally walk at 10 am. However, in the heat of the summer we often move the walk ahead to 9:30 am. Send your name and email address to the address listed below if you would like to join our Wednesday Walking Group. We look forward to seeing you on the trails!!

Bernice Pyke

[billandbernicepyke@hotmail.com](mailto:billandbernicepyke@hotmail.com)



### NEWS

The Town of Ajax is celebrating Senior's "Aging Well Month" for June with lots of free activities, some requiring pre-registration at [www.ajax.ca/55plus](http://www.ajax.ca/55plus)

or call 905-619-2529 ext. 7243 or ctrl +click on the link and follow the arrows:

<https://view.publitas.com/ajax/55plus-aging-well-month-2022-calendar/page/1>

Choose from Movie afternoons, BBQ, Crafts Crate, celebrating Queen Elizabeth's platinum jubilee, Trivia, Armchair travel, Line Dancing and Walking Tours. Also, an Ajax Seniors Academy is being offered, a FREE four-week course – packed full of info about frauds & scams, power of attorney, wills, last testaments, emergency preparedness, fire safety, home & travel safety, etc.

Celebrate Spring with Ajax in Bloom photo contest! Share a photo of your own garden or favourite area of Ajax. Entries must be received by June 15, see [www.ajax.ca/GLD](http://www.ajax.ca/GLD)

The next St. Francis Centre showing is Sarah & Brents Comedy Magic Show on June 4th with two shows at 3pm and 7pm <http://stfranciscentre.ca/events/>

The last show of the season is June 11th at 7pm with singer Vili V featuring songs of the '50s and '60s

# Sharing our Recipes

Just the other day **The Big Guy** asked for this corn salad recipe... his stomach is his best memory! I have made this salad in the past for BBQ's and Potluck events. It has a clean crisp taste that adds to any menu. A small bowl can feed quite a large crowd. You can use fresh corn for this recipe, but it can sometimes give off too much starch. I usually use the frozen peaches and cream corn and I slightly undercook it to keep the bright yellow colour. If you overcook the corn in the microwave, it will take on a gray appearance. The jalapeno gives a lovely flavour to the corn salad but remember to remove the seeds before chopping.

## SALAD TIME SPECIAL

Since it's salad time I thought I would add this gem. It is one salad mixture of vegetables with 4 options that changes the whole look and taste to a new level of salad. It is easy to adjust for 2 hungry seniors.

**Starter Salad:** cut 3-4 tomatoes in wedges (cherry or heirloom tomatoes add interest and flavour); slice or cube a cucumber on bias; slice red, orange or yellow peppers in strips; and thinly slice some red onion. This is the base of the following 4 salads!

**Home Salad:** Add handful of chopped parsley; 3 Tbsp olive oil; 2 Tbsp red wine vinegar; salt and pepper.

**Greek Salad:** Omit the parsley; drizzle with 3 Tbsp olive oil and 2 Tbsp red wine vinegar; add ½ cup cubed feta cheese; handful of kalamata olives; 1 tsp dried oregano. Mix and serve.

**Mediterranean Salad:** Omit parsley; 3 Tbsp olive oil; 2 Tbsp lemon juice; add 2 green onions cut on bias and ¼ cup chopped mint. On each serving plate, spread a ¼" thin layer of hummus; at serving time, add 1 cup of broken pita chips into vegetables and mound on top of each hummus plate. Sprinkle with sumac seasoning (optional).

**West Coast Salad:** Cut all vegetables into 1" sized pieces; omit parsley; 3 Tbsp olive oil; 2 Tbsp lime juice; 1 jalapeno chopped fine; add chopped cooked shrimp; refrigerate for 1 hour. Just at serving time, add 1 diced avocado and ¼ cup chopped cilantro. This salad can be a full summer meal with fresh bread and a nice glass of white wine!

Submitted by pbolger@rogers.com

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## SPICY CORN SALAD

### Dressing

2 Tbsp lime juice

1 small jalapeno, seeds removed and chopped

1 ½ tsp honey

¼ tsp cumin

¼ cup olive oil

Salt and Pepper

Optional: Chili pepper flakes

3 cups frozen corn cooked in the microwave then cooled

1 orange bell pepper, chopped

1 red bell pepper, chopped

2-3 green onion stalks, chopped

Mix and refrigerate up to 3 days.

The Big Guy's beverage of choice would be an ice cold Tall-Boy Pilsner or a crisp Ontario Apple Cider



## Travel:

The PROBUS Club of Pickering is extending an invitation to all Probus Clubs in the area to join us on two different adventures:

**June 21<sup>st</sup>:** Attention all Gardeners - Visit to Whispering Gardens and The Royal Botanical Gardens; enjoy a day out in the Gardens with a picnic lunch.

**August 15<sup>th</sup>:** Toronto Harbour Cruise - Join other Probus members to an evening on the water in downtown Toronto. Dinner and dancing is included. Bus transportation is included so you do not have to drive downtown, park or drive home after a beverage.

There is a copy of the Flyers on <https://durhamwestprobus.org>

If you have any questions or concerns, please email [shirlie@hnatravels.com](mailto:shirlie@hnatravels.com)

or call me at **905-619-8583!**

Shirlie van Putten

Social Committee

The PROBUS Club of Pickering

## SHAW FESTIVAL

Presents "Importance of Being Earnest" & "Damn Yankees"

June 21 – 22, 2022

Niagara on the Lake

Your Tour includes:

- Guided tour of Whistling Gardens (see the peonies)
- Picnic lunch
- One night stay at Holiday Inn in Niagara on the Lake with breakfast
- Orchestra level ticket to "Importance of Being Earnest" & "Damn Yankees"
- Visit to Niagara-on-the-lake
- Driver's tip

Cost \$499 + hst double occupancy / call for single pricing

For more information or TO BOOK – Call Shirlie 905-619-8583; [shirlie@hnatravels.com](mailto:shirlie@hnatravels.com)